Tips for Muscular System study

* Oculi – eye
* Oris – mouth
* Labii – lips
* Brachii – arm
* Digitorum – related to the digits (finger/toe)
* Carpi/carpus – wrist
* Pollicis – thumb
* Popliteal – knee
* Hallucis – big toe
* Sterno\_\_\_\_\_\_\_\_\_ - sternum
* -cleido – clavicle
* Thyro- - thyroid cartilage
* Maximus, medius, minimus – largest, middle size, smallest (respectively)
* Depressor – pulls in inferior direction
* Anguli – angle or corner of structure
* Supra – superior
* Infra – inferior
* Adductor – pulls structure towards midline
* Abductor – pulls structure away from midline
* Flexor – flexes structure
* Extensor – extends structure
* Coraco- coracoid process